

1. Contact them

# "Strategies to Land Your First (Or Next) National Media Appearance"

Call Handout (fill in answers as you listen)

# **5 Steps to Getting Major Publicity**

2. Catch
3. Create
4. Capitalize
5. Create
#1: Contact Them The first question you have to ask yourself is:
Four ways to find names and contact info for media:
1
2
3
4
A back door way to get publicity is to contact

# **Step #2: Catch Them (Their Attention)**

Notes on email subjec	Notes on email subject headers:				

# 5 Ways to Shape Your Message to Attract the Media

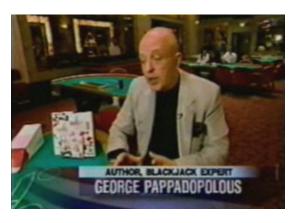
#### 1. How To





**Case History:** Elizabeth Lombardo landed her first appearance on The Today Show and has since appeared 13 times. She's also been on Dr. Oz, CNN, and many other major media outlets.

Lessons:	 		



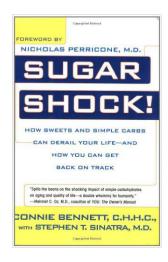


# 2. Show them why they need you NOW

**Case History:** George Pappadopoulos landed his first appearance on Fox News by offering the media a timely hook.

Lessons:	 	 	 





#### 3. Tell the media about a

**Case History:** Connie Bennett got publicity for her book in Time Magazine because she was part of a trend.





#### 4. Warn consumers about a danger

**Case History:** Jim Vonmeir was booked on CBS Evening News by warning consumer about the danger posed by old septic tank systems.

Lessons:	 	 	 

# 5. Tell Your \_\_\_\_\_

**Case History:** How Orrin Hudson got publicity on over 50 local TV shows as well as People Magazine, Good Morning America, The Early Show, CNN and USA Today.

The way you can turn a "no" into a yes is to give them a DIFFERENT idea for a story or angle they can take.





# Step #3: Create value for them with you interview or content

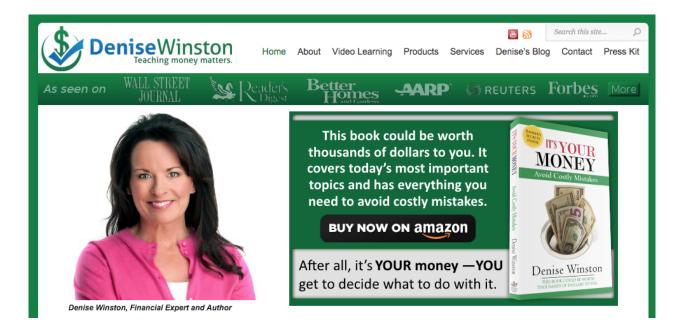
Show them you will give them a great interview.

Be willing to talk about things that are not in
Focus on their
Speak in sound bites.
A great sound bite = short vivid language with an

### Step #4: Capitalize

Get your \_\_\_\_\_

**Case History:** Denise Winston has been quoted or featured in many major media outlets. Notice how she mentions this prominently on the front page of her website.



	Lessons:
	A way to turn local publicity into national publicity is to ask for a
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Step	#5: Create relationships
	Who is one person in your life who opened a door for you?
	Lessons:

Find out how to land major media coverage by meeting the media face-to-face at <a href="https://www.meetthemedia.com">www.meetthemedia.com</a>